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That’s where a community foundation can be helpful. We can serve as a neutral convener to resolve difficult and emerging community issues. As our staff and leadership gain shared vision, we can leverage the strengths of many organizations and individuals to effect more meaningful change, particularly in the relationship between poverty and health.

The Baby’s 1st Project, a good example. In Delaware County, where infant mortality and low birthweights are critical issues, we convened a cross-sector group of more than 50 community partners to work on reducing racial disparities in both outcomes.

Programs we administer are the backbone of this effort. Delaware County’s Healthy Start, the Nurse-Family Partnership and the Center for Hispanic Resources. The staff of these programs work together to make Healthy Start participants experience positive outcomes from 2011-17.

The efforts of our Healthy Start program are paying off, suggesting that a well-executed program can yield impressive results. Healthy Start participants experience a reduced number of deaths from 2011-17. The number dropped to two deaths from 2006-07, to no deaths from 2011-17.

One way to support your interests is to start a fund now that will have an impact well after your passing. You can integrate your giving into your estate planning, and you can transfer an existing private or public foundation to us so that you can continue to support the fund and also run an administrative fund.

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In Delaware, our roots are deep. We know that everyone has something unique to offer the world, and that the county is very diverse and so are the needs of its residents. The differences are clear, for example, between Newark at the north tip of the county, and Chester or the southeast edge. The median household income in Newark is much higher than it is in Chester. In Newark, the median household income is $106,000, compared to just $27,400 in Chester. In the same period, among the same population, obesity rates among pre-school children enrolled in Delaware County WIC:

<table>
<thead>
<tr>
<th>Year</th>
<th>2012</th>
<th>2014</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obesity Rates of WIC Children Ages 1-4</td>
<td>12.0%</td>
<td>11.9%</td>
<td>12.4%</td>
</tr>
</tbody>
</table>

In the Upper Darby School District alone, children speak more than 120 languages at home. In 2016, nearly 12% of Delaware County residents reported speaking a language other than English at home. All deserve equal opportunities to live well and have productive lives. The foundation has the resources to assess residents’ health is not determined by zip code. All deserve equal opportunities to live well and have productive lives. The foundation has the resources to assess

We are grateful to the thousands of Delaware County residents who trusted us to the future of our area. That generosity made it possible to initiate new health programs and support the next generation. And we thank the generous individuals and businesses that have come forward since 2016 as founding partners and continue to join us in this endeavor.

Today, we serve more than 560,000 residents of Delaware County with foundation resources that make up the county’s largest independent public foundation. The programs and restricted funds inherited from the sale of the health system enable us to focus on improving the health and development of children and youth, particularly those who live in poverty, support men and women with cancer, help seniors age in place; and inspire teens to succeed. We accomplish this by making grants to nonprofits, convening and collaborating with partners who support our mission, and managing high-quality community health programs.

As a community foundation, we also provide a venue for the generous residents of Delaware County to support the programs that can make a difference. Our goal is to become fully incorporated, be an opportunity to seed new and separate public health programs of the Crozer-Keystone Health System.

We are a community foundation, one of 90 such foundations across the country. These foundations are autonomous, hometown organizations that typically use their knowledge of community needs to help philanthropic donors support the causes important to them. The donors can be individuals, families or businesses. The cause they support are wide ranging—anything from health and senior needs to services for the arts and improving the environment.

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The foundation’s inherited assets can help to ensure that Delaware County residents’ health is not determined by zip code.
The foundation inherited the outstanding public health programs of the Crozer-Keystone Health System and a number of restricted funds established by previous donors. Our board of directors is committed to maintaining these programs and honoring the intent of the donors who created the restricted funds.

As a result, we now manage programs that address critical needs in Delaware County, including improving maternal and child health, ensuring food security, fighting substance abuse, promoting the success of teens, administering funds to assist residents battling cancer, and helping seniors age in place.

We currently manage the following roster of evidence-based programs:

**Healthy Start:** a federal program that improves a mother’s chance of delivering a healthy baby. For 20 years, Healthy Start has served pregnant mothers, expectant fathers, their families and children up to age 2.

**The Nurse-Family Partnership:** a well-regarded national program that provides in-home visits by registered nurses to pregnant women in Delaware County. The nurses offer expecting mothers advice on nutrition and eliminating risky behaviors, such as using tobacco, alcohol or controlled substances.

**Delaware County WIC:** a federal program that counsels women, infants and children living in poverty. The program, which has operated for 40 years in the county, provides counseling on breastfeeding and funding for nutritious food and other services to reduce pregnancy risks. It also improves participants’ long-term health in three accessible clinic sites in Upper Darby, Springfield and Chester.

**Chester Drug Free Communities:** a program that brings together community partners to minimize the risk of substance abuse in youths and adults. CDFC seeks to change youth perceptions, increase parental awareness of helpful programs, and shape city policy on the sale of tobacco and drug paraphernalia.

In addition, we are helping Delaware County residents fight cancer by providing free mammograms and breast cancer screenings. With help from Susan G. Komen Philadelphia, joining with Unite for Her, the foundation is supporting integrative/alternative therapies for women with breast cancer and assisting those whose cancer diagnoses challenge them financially. In the 2017 fiscal year, we donated $126,000 to support these efforts.

We also have funds to assist seniors needing homecare and hospice services. The funds help support caregivers, train home health professionals and advocate for seniors, as Medicare reform is pursued on the state and federal level. We donated $20,300 in fiscal 2017 to help Delaware County residents in hospice and homecare programs.

### NOTEWORTHY RESULTS

Delaware County is bucking statewide trends in obesity rates among pre-school children enrolled in WIC. In Pennsylvania, the percentage of obese WIC children ages 1-4 increased from 11.9 percent in 2014 to 12.1 percent in 2017. In Delaware County, the percentages are lower, and they are dropping. In the same period, among the same population, the obesity rate dropped from 8.8 percent to 8.3 percent. The data suggest that Delaware County WIC is having a positive impact on children’s health and addressing one of the most intractable public health problems in the U.S. today.

<table>
<thead>
<tr>
<th>Year</th>
<th>Obesity Rate - Pennsylvania</th>
<th>Obesity Rate - Delaware County</th>
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</thead>
<tbody>
<tr>
<td>2014</td>
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**ADOPTIVE PARENT PRAISES WIC**

Michele Small didn’t expect she would still be raising young children when she was 46 years old. But that’s how it worked out, and she wouldn’t have it any other way.

Small, an Upper Darby resident who works at Delaware County Memorial Hospital, is the adoptive parent of twin boys and a girl. About 4 ½ years ago, when her niece was just 7 months old, Small decided to take over her care because the child’s mother was a drug user often in trouble with the law.

Two years later, Small also took over the care for twin infant boys whose mother was murdered. “So now I have three little ones I have adopted, and I’m a single parent,” she says.

Without assistance from the foundation-run WIC program, her parenting would have been a lot more difficult. Although she is not a stranger to raising children — she has a biological son who is 28 years old — she says she picks up useful information from the program, and she believes her children are better off nutritionally because of it. “I would rate it a 10,” she says about the program and the way it is administered by the foundation. “It’s excellent.”
We are grateful to the thousands of Delaware County residents who trusted us to the former nonprofit health system. That generosity made it possible to initiate this new foundation effort. And we thank the generous individuals and businesses that have come forward since 2016 as founding donors and partner in the new foundation.

Today, we serve more than 560,000 residents of Delaware County with foundation resources that make up the county’s largest independent public foundation. The programs and initiatives funded initially from the sale of the Orkney-Skurving Health System focused on improving the health and development of children and youth, particularly those who live in poverty; support men and women with cancer; help seniors age in place; and support organizations that address critical needs in Delaware County, including improving maternal and child health, ensuring food security, fighting substance abuse, and ensuring that adults who are managing their medications.

We accomplish this by making grants to nonprofits, convening and collaborating with partners who support our mission, and managing high-quality community health programs.

As a community foundation, we also provide a means for the generous residents of Delaware County to support the programs that make a difference. One great way to become accredited by the national Council on Foundations. Read on to learn about this new and separate community foundation that we have named Delaware County’s Promise.

The foundation inherited the outstanding programs and endowment of the Delaware County Health System and a number of mnemonic resources that it used to improve the health of the community. A board of directors is conducting a comprehensive review to ensure the mission of the donor who created the resulting funds.

A key program was the Nurse-Family Partnership: a proven federal program that improves maternal and child health. For 20 years, Healthy Start has served program participants, their families and the children who are born to them.

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The Baby’s 1st Project, Delaware County, is a good example. In Delaware County, where infant mortality rates and low birthweights are critical issues, we convened a cross-sector group of more than 50 community partners to work on reducing racial disparities in birth outcomes.

Yet another example is Healthy Start, a program we administer to improve the health of pregnant women and their newborns. Healthy Start is a comprehensive, evidence-based, multi-disciplinary program that helps communities establish coordination and mobilize resources to reduce pregnancies and birth outcomes that place children at risk.

Healthy Start is also having positive results, reducing the number of low birthweight babies. In 1999-2004, 15% of all births were low birthweight babies; in 2005-2006, only one participant had a very low birthweight baby. Today, it is rare for a Healthy Start baby to be admitted to the intensive care nursery at the Crozer Chester Medical Center.

Our strength is in uniting people who want to make a difference, regardless of giving level. We can connect you to a cause that’s dear to you and help you support the community through a rich array of donor opportunities.

Our staff and leadership have already shown that they can convene a cross-sector group of more than 50 community partners to work on reducing racial disparities in birth outcomes.

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Donor-Advised Funds. Field of Interest Funds. Designated Funds. Scholarship Funds.

WE BRING TOGETHER KEY PLAYERS

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