The public health programs and initiatives of The Foundation for Delaware County improve birth outcomes and maternal, family, child, and adolescent health for families in Delaware County. They help participants develop better parenting skills and promote overall well-being within families who have historically been excluded from access to high-quality support and services. These programs provide a continuum of services to meet the needs of individuals and families so they may thrive and become self-sufficient.

**Healthy Start and Nurse-Family Partnership**

The foundation’s home visiting programs provide comprehensive, wrap-around services to women and families during the perinatal period.

**Healthy Start** care coordinators and case managers and **Nurse-Family Partnership**’s home visiting nurses work with pregnant people and their partners to help ensure full-term and healthy pregnancies, support breastfeeding and infant care, provide parenting and child development education and connect moms, dads, and partners with in-house counseling, legal services, and health education programs. Program staff work to positively impact the lives of babies, mothers, fathers, partners, and families.

Program services focus on mom and baby’s health, positive parenting, baby’s growth and development, safety, and address substance use. The programs help families to access resources, gives them the tools to build healthy relationships, and work towards self-sufficiency. To connect an expectant mother or family of an infant with services, please call 610-497-7460 (Healthy Start) or 610-497-7399 (Nurse-Family Partnership).
**FOOD AND NUTRITION SERVICES FOR PARENTS AND CHILDREN**

**Delaware County Women, Infants and Children (WIC)**

The goal of the WIC Program is to ensure healthy pregnancies and improve birth outcomes. Focusing on the growth and development of children, the program provides eligible pregnant, postpartum, breastfeeding women, infants, and children under age 5 with nutrition information, breastfeeding support, nutritious foods, and referrals. Research shows that WIC helps build strong, healthy families and ensures that kids enter kindergarten healthy and ready to learn. WIC serves women, infants, and children throughout Delaware County at one of three clinics located in Eddystone, Upper Darby, and Springfield. Contact WIC at 484-471-3320.

**Cribs for Kids**

*Cribs for Kids®* works to prevent infant sleep-related deaths by educating parents and caregivers on the importance of safe sleep for their babies and providing education and portable cribs to families who otherwise cannot afford a safe place for their babies to sleep. Each year, the program provides more than 125 cribs for families in Delaware County who face crises such as house fires, domestic violence, or extreme poverty. Contact Cribs for Kids at 610-497-7344.

**Baby’s 1st Project**

The foundation facilitates *Baby’s 1st Project*, a cross-sector collaborative of individuals and organizations working together to improve birth and maternal outcomes in Delaware County, address racial disparities in infant and maternal mortality rates, and mitigate stressors associated with pre-term delivery and adverse health experiences. The Baby’s 1st Project Community Action Network (CAN) meets quarterly for networking and education, while workgroups develop and implement strategies around breastfeeding, access to care and services, fatherhood engagement, and support to parents with substance use disorders.

**ADDITIONAL PUBLIC HEALTH INITIATIVES**

**Housing Opportunities Program for Equity (HOPE)**

*HOPE* promotes housing fairness, affordability, and stability through targeted services. Program services include advocacy related to housing issues, case management, home placement, tenant rights education, financial literacy, referral services, and direct financial relief. HOPE advocates for equitable housing. Safe and habitable housing promotes good health, increases opportunities for education and employment, decreases poverty concentrations, and breaks down geographic racial divides. Contact the Housing Opportunities Program for Equity at 610-619-6051.

**Centro de Recursos para Hispanos (Center for Hispanic Resources)**

*The Center for Hispanic Resources* serves as a point of contact and advocates for the Spanish-speaking community of Delaware County. The Center assists clients in completing applications and making appointments, and provides translation of documents and limited interpretation services. The Center also helps clients become familiar with community services, referring them to other agencies to assist with additional unmet needs. Contact the Center for Hispanic Resources at 267-453-7289.

**Health Resource Center**

*The Health Resource Center* is a confidential drop-in center located in Chester High School. Youth receive information to empower them to make healthy sexual and reproductive health decisions. Each year, more than 300 counseling sessions are held. Students are provided with condoms and pregnancy tests, and education on abstinence, pregnancy prevention, risk reduction, and healthy relationships. Contact the Health Resource Center at 267-896-1456. Any Delaware County resident aged 12 - 24 can access this resource.